

21st April 2021

Relationships and Sex Education (RSE)

Dear Parent/Carer,

As part of our school's Personal, Social, Health Education programme (PSHE), children from Reception to Year 6 will take part in RSE lessons in the Summer term. These lessons have been carefully planned to be relevant and appropriate to each year group. For these lessons, we will be using resources and lesson content from our current Jigsaw PSHE curriculum and the RSE curriculum from GHLL (Gloucestershire Healthy Living and Learning).

Nowadays, there is a vast amount of information about relationships on the internet, on TV, in magazines, to which children and young people are exposed. If children are provided with timely and age-appropriate information about their bodies and relationships, they can make their transition into adolescence and adulthood with the confidence and knowledge to understand what is happening to them. They will also have the best chances of growing into confident and healthy adults able to make positive choices.

In February 2019, the Department for Education released new draft guidance for **Relationships Education**. This new guidance will come into effect from April 2021 and schools have a statutory obligation to provide these lessons.

Below is a brief overview of the content which will be covered:

Reception: will learn about humans at different stages of the life cycle. They also learn about personal responsibility and people who help us.

Year 1/2: will learn about life cycles of humans and animals and the changes that occur when we grow. In year 2 children learn about the similarities and differences of body parts.

Year 3/4: will learn about similarities and differences between the reproductive organs. Key facts about the menstrual cycle and they also learn about challenging stereotypes.

Year 5/6: will learn about the emotional and physical changes that take place during puberty.

Year 6 learn about the facts of the human lifecycle, including sexual intercourse.

We will send out further letters regarding Sex Education advising when those lessons will be taking place. If you have any further queries about what will be covered in these lessons, or would like to view the planning and resources, please contact the school office.

Yours sincerely,

Mrs E. Smith
Class Teacher



