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23<sup>rd</sup> October 2020

### Chance is Change



Dear Parents/Carers,

We will be welcoming Tom Hoskins, who is a life coach for Chance is Change, into Class 5 for six weeks. This will commence on Thursday 5<sup>th</sup> November.



Tom has over 10 years' experience of working with children and young people, in all different types of school settings. He uses his skills to create a positive outcome in a school environment. The goal is to establish partnerships within the community, work collaboratively with school, parents and outside agencies. Life coaching is an important factor in creating a positive platform for children and young people.

Each week, Tom will focus on one of six key areas:

- Rules and Boundaries
- Social Media – The good and bad side and importance of keeping safe online
- Respect for each other and adults
- Being part of a community and making a difference
- How behaviour impacts others
- Building self-esteem and resilience



Yours sincerely,



Mrs K. Burke  
Head Teacher

Mrs S. Bidmead  
Family Support Worker

