

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

# Autumn menu 2018

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 3/9/18 24/9/18 15/10/18 12/11/18 3/12/18	<b>Main</b>	Cheese & Tomato Pizza	Cottage Pie with Gravy	Roast Gammon with Roast Potatoes and Gravy	Chicken Curry with Rice	MSC Fish fingers/Salmon Fish fingers with Chips
	<b>Vegetarian</b>	Vegetable Hotpot	Vegetable Fajita with Rice	Quorn Roast with Roast Potatoes and Gravy	Macaroni Cheese with Garlic Slice	Vegetable pasty with Chips
	<b>Jacket Potato</b>	Jacket Potato with Tuna	Tomato Soup with ½ Filled Baguette	Jacket Potato with Beans Carrot Cauliflower	Vegetable Soup with ½ Filled Baguette	Jacket Potato with Cheese
	<b>Dessert</b>	Sweetcorn Peas	Green Beans Carrots	Chocolate banana Oaty Square Yoghurt Fresh Fruit Platter	Fruit Strudel with Custard Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas
<b>Week 2</b> 10/9/18 1/10/18 29/10/18 19/11/18 10/12/18	<b>Main</b>	Cheese & Tomato Pizza	Sausages & Mash with Gravy	Roast Chicken with Stuffing Roast Potatoes and Gravy	Spaghetti Beef Bolognese	MSC Breaded Fish with Chips
	<b>Vegetarian</b>	Lentil & Sweet Potato Curry with Rice	Quorn Mince Bolognese with Spaghetti	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable lasagne with Garlic Slice	Cheese & Tomato Quiche with Chips
	<b>Jacket Potato</b>	Jacket Potato with Tuna	Tomato Soup with ½ Filled Baguette	Jacket Potato with beans	Vegetable Soup with ½ Filled Baguette	Jacket Potato with Cheese
	<b>Dessert</b>	Coleslaw Sweet corn	Peas Carrots	Seasonal vegetables	Green Beans Carrots	Baked Beans Garden Peas
<b>Week 3</b> 17/9/18 8/10/18 5/11/18 26/11/18 17/12/18	<b>Main</b>	Cheese & Tomato Pizza	Chicken & Broccoli Pasta Bake	Roast Pork Roast Potatoes and Gravy	Meatballs with Rice	MSC Battered Fish with Chips
	<b>Vegetarian</b>	Five Bean Chilli with Rice	Vegetable Frittata	Vegetable Wellington with Roast Potatoes and Gravy	Shepherdess Pie	Bean Burger with Chips
	<b>Jacket Potato</b>	Jacket Potato with Tuna	Tomato Soup with ½ Filled Baguette	Jacket Potato with Beans	Vegetable Soup with ½ Filled baguette	Jacket Potato with Cheese
	<b>Dessert</b>	Sweet corn Mixed Salad	Green Beans Carrots	Savoy Cabbage Sweetcorn	Broccoli Carrots	Baked Beans Garden Peas
	<b>Dessert</b>	Pear & Ginger Sponge Yoghurt Fresh Fruit Platter	Rice Pudding Yoghurt Fresh Fruit Salad	Chocolate Brownie Yoghurt Fresh Fruit Chunks	Banana Cake with Custard Yoghurt Fresh Fruit Salad	Cheese, Biscuits & Apple Yoghurt and Fruit Station